



2023 – 2024

Junior Bucs Tryout Information:

Tryout Clinic (All Candidates) – April 10th

6:00 – 8:00 pm @ Allatoona High School (small gym)

Tryout Clinic (All Candidates) – April 11th

6:00 – 8:00 pm @ Allatoona High School (small gym)

Tryout Clinic (Competition Candidates) – April 12th

6:00 – 8:00 pm @ Allatoona High School (small gym)

Tryouts (Sideline Candidates) – April 13th

6:00 – 8:00 pm @ Allatoona High School (small gym)

Sidelines Squads and Competition Squad will be sent out by email by 7PM on Friday April 14th .

Please Note:

You must wear a white t-shirt (NO LOGOS) and black shorts to all four days of clinic and tryouts.

Compression shorts/running shorts are fine.

Your hair should be in a high ponytail with a white bow.

Please note that all clinics and tryouts are closed to spectators.

The following must be fully filled out and turned in **NO LATER** than April 9th.

_____ Tryout fee (non-refundable) - \$ 45 (check made out to AHSCBC)

_____ AHSCBC “Pay to Play” Form (page 3)

_____ 2023-24 Cheerleading Policies Agreement Form (page 10)

_____ Allatoona High School Explanation of Inherit Risks for Cheerleading (page 11)

_____ Cheerleading Candidate Information (page 12)

_____ Permission to Display Student Photograph/Name (page 13)

Forms may be dropped off at Durham Middle School (front office) ATTN: Robyn Cathey.
Forms may also be mailed to the following address:

Robyn Cathey
192 Misty View Lane
Acworth, GA 30101



AHSCBC – “PAY TO PLAY” FORM

Parents and Athletes,

The Allatoona High School Cheerleading Booster Club (AHSCBC) is the High School level Booster Club that sponsors our Middle School Program, The Allatoona Jr Bucs Cheerleading program (Jr Bucs Cheerleading). It is an important for all participants to understand that our Jr Bucs Cheerleading program is not governed by Allatoona High School itself. It is also strictly “pay to play” for this level of athletics. For this reason, it is important that all charges are paid for on the due dates outlined in this packet by each individual athlete. These charges include:

- All apparel (including uniform)
- Facility/Gym Fees
- Camps/Music
- Booster & Athletic fees
- Half time and Competition Gifts
- Fundraising and Volunteering-opt out fees (if you choose not to participate in them)

The fees are split out in monthly installments to cover the costs as they are incurred by the booster club but also make it as easy as possible on each family. However, please there are certain benchmarks where a certain amount of the fees had to have been paid to continue with participation. For example, camp fees but be paid to attend camp and that fee is mandatory. In addition, all fees must be paid in order to receive season program gifts and attend the banquet.

Here in the Allatoona community we are fortunate that the AHSCBC not only sponsors our program, but they also support us in coaching collaboration, use of mats, handling of all billing and paperwork. All three programs (Youth, Jr Bucs, JV and Varsity) are a supportive group every season and solely attribute to the unique qualities of our community.

*I have read and understand the financial requirement for the Allatoona Jr Bucs Cheerleading Program.

Print_____Date_____

Signature_____Date_____



2023-24 JUNIOR BUCS CHEERLEADING POLICIES

PURPOSE

The purpose of the Allatoona High School Cheerleading Program is to promote and uphold school spirit, develop a sense of good sportsmanship among students, and to strive for better relationships between schools during all athletic events.

I. GENERAL OBJECTIVES

Cheerleaders are student athletes and must strive to achieve the highest standards both academically and physically. Cheering for the Allatoona Junior Buccaneers is a privilege, **NOT** a right, and those who do not meet the standards may be dismissed from the program.

II. FINANCIAL RESPONSIBILITIES

Every attempt will be made to cut down on the personal costs to the cheerleader. All fees are non-refundable. If a cheerleader quits or is removed for any reason, a refund cannot be issued. **Please note that all prices listed below are approximate and do not include tax, etc.** Cheerleaders are required to purchase all items listed below. Fees for registration, camp, competition, etc. are also required to be a part of the program. Please note the payment schedule below as cheerleaders must be current on to attend camps and participate in activities. No orders for items will be placed for those who have not paid since the order for clothing, shoes, accessories, uniform, etc. will all go in at the same time.

Those who do not pay before items are ordered will no longer be a part of the program. All fees are non-refundable. If a cheerleader quits or is removed for any reason, a refund cannot be issued.

Tentative Payment Schedule (Please see next page for itemized list):

- **Tryouts** – Tryout Fee of \$45 (non-refundable)
- **April 17th** – Please bring credit/debit card and check(s) to the fitting for:
 - Uniform (credit/debit)
 - Clothes and equipment (credit/debit and NO items will be ordered without payment)
 - Fundraising Fee of \$150 (check)
 - Volunteer Fee of \$200 (check)
- **These fees will be paid to the booster club and will be split up in monthly installments beginning May 1st, 2022.**

SIDELINES & COMPETITION FEES:

Sidelines & Competition Base Fees:	Paid To	Amount
Competition Choreography Camp & Music	Booster	\$200
Sidelines Camp & Music	Booster	\$125
Gym Fees (Aug - Nov)	Booster	\$250
Competition Fees	Booster	\$80
Booster Club Fee (1)	Booster	\$50
Athletic Fee (2)	Booster	\$50
Hospitality Fee (3)	Booster	\$175
Competition Apparel:		
2 tank tops	Northwest Ink	\$50
1 skirt	Northwest Ink	\$40
Competition bow	Fullout Sports	\$15
Competition sweatshirt	Northwest Ink	\$30
Competition Uniform	Varsity	\$200
Sidelines Apparel:		
2 tank top	Northwest Ink	\$50
1 t-shirt	Northwest Ink	\$20
Black shorts	Northwest Ink	\$20
All weather warm up (top/bottom) with embroidery	Varsity	\$90
Uniform	Varsity	\$150
"Allatoona" Logo Cheer Shoes	Varsity	\$88
Game Day Bow	FullOut Sports	\$15

Total Base Fees

\$1698

New Cheerleader Fees/Replacement Items (4):

Poms	Varsity	\$45
Bag	Varsity	\$50
Bra	Varsity	\$28

Total New Cheerleader Fees/Replacement Items

\$123

Payment Schedule:

Due Date:	Amount Due
April 17, 2023 - At Fittings	All apparel will be paid for on this day. Fundraising (\$150) and Volunteer Duty (\$200) Deposits Due (CHECKS HELD NOT CASHED)
May 1st	\$0
June 1st	\$186
July 1st	\$186
August 1st	\$186
September 1st	\$186
October 1st	\$186

SIDELINES ONLY FEES

Sidelines & Competition Base Fees:	Paid To	Amount
Sidelines Camp & Music	Booster	\$125
Gym Fees (Aug - Nov)	Booster	\$100
Booster Club Fee (1)	Booster	\$50
Athletic Fee (2)	Booster	\$50
Hospitality Fee (3)	Booster	\$150
Sidelines Apparel:		
2 tank tops	Northwest Ink	\$50
1 t shirt	Northwest Ink	\$20
1 black shorts	Northwest Ink	\$20
All weather warm up (top/bottom) with embroidery	Varsity	\$90
Uniform	Varsity	\$150
"Allatoona Logo" Cheer Shoe	Varsity	\$88
Game Day Bow	FullOut Sports	\$15

Total Base Fees **\$908**

New Cheerleader Fees/Replacement Items (4):

Poms	Varsity	\$45
Bag	Vendor TBD	\$50
Bra	Vendor TBD	\$28

Total New Cheerleader Fees/Replacement Items **\$123**

Payment Schedule:

Due Date:	Amount Due
April 17, 2023 - At Fittings	All apparel will be paid for on this day. Fundraising (\$150) and Volunteer Duty (\$200) Deposits Due (CHECKS HELD NOT CASHED)
May 1st	\$0
June 1st	\$95
July 1st	\$95
August 1st	\$95
September 1st	\$95
October 1st	\$95

Explanation of Fees:

- (1) The booster club fee helps cover the costs of items such as, but not limited to, bank/credit card fees, tax return preparation, spirit materials such as tape, banner paper, paint, award costs for cheerleaders, coaching fees/wear, etc.
- (2) The athletic fee is to cover fee charged by Allatoona High School Athletics Department.
- (3) The hospitality fee helps cover homecoming, theme days, competition day "happies", bonding events, end of season gifts, etc.
- (4) New cheerleader fees are for cheerleaders new to the program. If you cheered with Allatoona previously, these items are optional or purchased to replace previously purchased items if damaged or lost.

III. BEHAVIOR AND DISCIPLINE

As a member of the Allatoona Cheerleading Program, you are expected to maintain behavior above reproach because you are a leader in the school. Consequences for violating any regulation in this constitution will be at the discretion of the coach and will be handled according to the rules of Allatoona High School, the Georgia High School Association, and Cobb County policy. Please keep in mind the following:

- **Any behavior**, which is deemed by a coach (junior program or high school) as reflecting poorly on the intended image of the program– no matter where the incident takes place - is subject to dismissal from the program at the coach's discretion.
- Inappropriate content – as determined by the coach - on webpages (i.e.: Instagram, Snapchat, GroupMe, Facebook, TikTok etc.) is subject to discipline. Repeated infractions are subject to dismissal from the program.
 - **THIS INCLUDES PARENTS.** There will be **NO** tolerance for negative postings on any social media platforms. Please only positive postings that promote good sportsmanship about our cheerleaders, coaches, and teams. All videos must be authorized by the coaching staff prior to posting.
- Uniforms should only be worn at games and events approved by the Middle School Director. Inappropriate use of the Allatoona cheerleading uniform is subject to discipline and/or dismissal from the program.

IV. TRANSPORTATION/ATTENDANCE POLICIES

Parents are responsible for transporting cheerleaders to and from all events (practices/games/competitions). As a member of the Allatoona Junior Buccaneer Cheerleading Program, you are required to contribute your part. When one person is absent the whole squad suffers and causes ineffective practice time. As a result, the following attendance rules are necessary and will be enforced:

- Cheerleaders **MUST** schedule appointments and work schedules around all cheerleading activities. **Note:** Cheerleading duties are often scheduled with little advance notice. Early release from or late arrival to practices and/or performances is unacceptable.
- Cheerleaders **MUST** be present at all practices, performances, fundraisers, pep rallies, sign painting sessions, camps, competitions, and any other activities designated by the coach.
- Excused absences are:
 - a. Death in the family.
 - b. Signed doctor's excuse that indicates time and date of the sickness or injury **that states that the illness is contagious, or COVID diagnosis or COVID exposure.**
 - c. School-related trips **for a grade.**
 - d. Any other excused absences are at the discretion of the coach and will be addressed on an individual basis. These absences **MUST** be approved by the coach **at least 24 hours prior** to the missed practice, game, competition, or event.
- If a cheerleader is seen by a doctor for an injury that affects her ability to cheer, a signed doctor's note must be submitted to the coach.
- **FALL BREAK IS CONSIDERED MONDAY September 25th-September 29th**, there will more than likely be a game on either (or both) weekend(s) of the break and is **NOT** considered excused unless you provide a 2-week notice.
- **ANY ABSENCE FROM A PRACTICE, GAME, COMPETITION, OR EVENT WITHOUT NOTIFYING YOUR COACH 24 HOURS PRIOR TO THE DAY OF THE PRACTICE, GAME, COMPETITION, OR EVENT IS SUBJECT TO IMMEDIATE DISMISSAL AT THE COACHES' DISCRETION.**
- Failure to be in proper uniform as described by the coach will result in disciplinary action
- **TARDY TO PRACTICE more than 3 times will result in sitting out ½ a game.**

- **Policy on Absences:**

PRACTICES/CONDITIONING	GAMES	COMPETITIONS & EVENTS
1st: BENCHED for next game, event, or competition (this is considered to be an unexcused absence from game, event, or competition – <i>if the cheerleader fails to show up for the benched game, event, or competition, removal from the squad is highly probable</i>). 2nd or more: Probable dismissal from the squad at coaches' discretion.	<u>Vacations will not be granted unless a 2-week notice.</u> <i>We understand that events/circumstances occur outside of your control, coaches' discretion will be used.</i>	<i>ANY ABSENCE FROM A COMPETITION OR EVENT IS SUBJECT TO IMMEDIATE DISMISSAL AT THE COACHES' DISCRETION.</i>

V. FUNDRAISING

Every cheerleader is **REQUIRED** to participate in **ALL** fundraising activities. Scheduled fundraisers include but are not limited to: Group Fund, Corporate Sponsorships, and other fundraising activities to be determined during the season. **A \$150 fundraising duty deposit check is due at fittings on April 17, 2023.** If the cheerleader raises \$300 during fundraising activities, the fundraising duty deposit check will be destroyed or returned at the end of the season. If the cheerleader does not raise \$300 or elects to not participate in the fundraising activities, the fundraising duty deposit check will be cashed at the end of the season. Our main fundraiser for the year begins on April 17th, 2023 and we will most likely not have another opportunity. Is it strongly suggested to fully participate at that time unless you would like to just cash the \$150 check. BONUS opportunity: If you raise the full \$300 required you also will automatically satisfy FOUR hours of volunteer hours.

VI. VOLUNTEERING

Every **parent** is **REQUIRED** to work **8 hours** of volunteer opportunities during the season **with 4 hours being volunteered at Buc Bash.** The parent volunteer opportunities will be outlined at the beginning of the season. Parent volunteer opportunities include activities such as working Little Bucs Cheer Camp or Buc Bash, moving mats, serving on a booster club sub-committee, helping with competition/game day activities, etc. **A \$200 volunteer duty deposit check is due at fittings on April 17, 2023.** If the cheerleader and parent work their required hours, the volunteer duty deposit check will be destroyed or returned at the end of the season. If the cheerleader and parent do not work their required volunteer hours, the volunteer duty deposit check will be cashed at the end of the season.

VII. SIDELINE CAMP

This camp is for all sideline cheerleaders and attendance is highly encouraged. At the camp stunt groups and half time routines will be created. The teams will learn chants, cheers, jumps, stunts, and the half-time routines will be choreographed specifically for each team. Each team will have unique choreography created for them.

VII. BOOSTER CLUB

Booster Club membership is included with your registration. Everyone is encouraged to attend the high school booster club meetings and help with other booster club activities. Our middle school program will greatly benefit from any improvements that are ongoing at the high school level. Your participation is appreciated.

2023-2024 JUNIOR BUCS COMPETITION SQUAD POLICIES

I. TRYOUTS

Tumbling and stunting evaluations will be held on Thursday and Friday during the tryout clinic. Tumbling is not a strict requirement but highly encouraged. The team is selected by the coaches and put together for our team to be the most successful.

II. ATTENDANCE As a member of the competition team it is **VERY** important to attend all scheduled practices and events. The success of our year is highly dependent on every athlete being able to attend and participate during practice. It is our goal to improve the routine each week and this cannot be done if there are cheerleaders missing from practice. To be considered for the competition squad your cheerleader also needs to be dedicated to our team. We highly encourage your cheerleader to take a weekly tumbling class to keep and increase skills.

Choreography camp is **MANDATORY**. If you are unable to attend the camp, please reach out to the coach immediately after team rosters have been released. Head Coach – Robyn Cathey-770-241-5414

III. PRACTICE

- Competition practices will begin following tryouts from **5:00-6:30 (4/24,5/8,5/15)**. These are **Mondays leading up to the end of the school year**.
- Practices once school begins will be from **5-6:30pm on Tuesdays and 5-6:30 pm Thursdays at Pickett's Mill Elementary. We will have extra practices scheduled throughout the season.**
- The **ONLY** excuse will be a school activity that is for a **GRADE** or if you are sick and **CONTAGIOUS with a DR note**.

IV. CAMP

- Camp is where all routine choreography will take place. All formations and stunt groups are created at this time. There may be changes throughout the season, but the majority of the routine will be set at this time.

IV. COMPETITIONS

- There will be emails sent out with specific meet times, directions, performance schedule, etc. the week before the competition. Our competitions are usually in the morning, but it also depends on the hosting school.
- TBA during Buc Bash (we will schedule your volunteer shift around the performance)
- September-November: 1-2 GHSA based competitions on Saturdays
 - Depending on competition time your cheerleader may or may not be able to cheer at the game. We will make every effort for the cheerleaders to attend the games on competition days if time allows.
- The Stingray Jams – dates to come.

2023-2024 CHEERLEADING POLICIES AGREEMENT FORM

I, as parent/guardian of the cheerleader candidate below, have read and fully understand the rules and regulations, included in the cheerleading policies above, which will govern my child if chosen to represent Allatoona High School as a cheerleader. I also understand that this is an extracurricular activity and that attendance at ALL practices, games, performances, camps, fundraisers, and volunteer hours are requirements of the elected cheerleaders. I understand that due to the nature of the activity, there is a risk of physical injury. I also understand that if my child is chosen as part of an Allatoona High School cheerleading squad and is later dismissed from the program for any reason, I will receive no financial restitution. I hereby give my consent to the student mentioned below to participate in cheerleading tryouts, and, if chosen, to participate as a member of an Allatoona High School cheerleading squad for the upcoming year. My child will participate in all required fundraisers, volunteer hours and mandatory dates during the upcoming cheerleading season.

Tentative Payment Schedule:

- **Tryouts** – Tryout Fee of \$45
- **April 17th**- Mandatory Parent/Cheerleader Meeting
 - Fundraising Fee of \$150 (check)
 - Volunteer Fee of \$200 (check)

Please bring separate checks to the fitting for:

- Uniform/Poms - VARSITY
- Clothes and equipment (NO items will be ordered without payment!) – Northwest Ink
- **All remaining fees outside of the fees due at fittings will be divided out in monthly payments from May-October**

Parent/guardian must attend Parent Meeting and Uniform Fitting.	April 17 th	AHS Media Center Meeting at 6pm and fitting immediately following
Sideline Camp	June 26-30	9am-1pm @ AHS Small Gym
Competition Choreography Camp	July 10-12	9am-3pm @ AHS Small Gym
Spring '23 Competition Practice	4/24,5/8,5/15	5pm-6:30pm at Pickett's Mill Elementary
Competition Practice	Tuesdays and Thursdays starting August 3rd	5pm-6:30pm at Pickett's Mill Elementary
Sidelines Practice	Mondays starting August 1st	5pm-6:30pm at Pickett's Mill Elementary
Buccaneer Bash High School Cheerleading Competition	TBD	ALL DAY (*upon approval from GHSA)
Halloween Jam Cheerleading Competition	TBD	
Circus Jam	TBD	
3 other GHSA Sanctioned Competitions	TBD	

A PARENT/GUARDIAN MUST INITIAL BELOW

_____(*<initials>*) **Financial Responsibilities:** We have read the financial responsibilities section of the cheerleading policies and understand our commitment to the fees, fundraising, volunteering, and payment schedule outlined on page 4 through page 9.

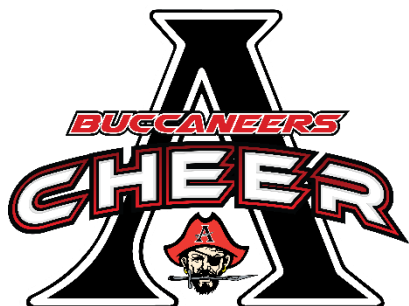
Printed Name of Athlete: _____

Grade Next School Year: _____

Signature of Athlete: _____

Date: _____

Printed Name of Parent/Guardian: _____



**ALLATOONA HIGH SCHOOL
EXPLANATION OF INHERENT RISKS FOR CHEERLEADING**

Cheerleader Candidate's Full Name:

Cheerleading is an exciting, time-consuming sport that involves flyers, bases, and spotters. Flyers are lifted into stunts by the bases, with the safety-oriented spotters when needed. Bases and spotters are responsible for catching the flyers when the stunts come down. Cheerleading also requires forceful motions, tumbling, voice projection and jumping. The cheering area varies greatly from one location to another, inside or outside.

Because of these conditions inherent to the sport, participating in cheerleading exposes an athlete to many risks of injury. Those injuries include, but are not limited to death, paralysis due to serious neck and back injuries, brain damage, damage to internal organs, serious injuries to the bones, ligaments, joints, and tendons, and general deterioration of health. Such injuries can result not only in temporary loss of function, but also in serious impairment of future physical, psychological, and social abilities, including the ability to earn a living.

In an effort to make cheerleading as safe as it can be, the coaching staff will instruct athletes concerning the correct techniques for stunts and rules of cheerleading. It is vital that athletes follow the coach's skill instructions, training rules, and squad policies to decrease the possibility of serious injury.

We have read the information above concerning the risks of cheerleading. We understand and assume all risks associated with trying out, practicing, and cheering at games/competitions. In signing this form, we assume the inherent risks of cheerleading and waive any further legal action by our heirs, estate, executor, administrator, assignees, family members, and ourselves

Signature of Athlete: _____

Name of Parent/Guardian: _____

Signature of Parent/Guardian: _____

Date: _____



CHEERLEADING CANDIDATE INFORMATION FORM

Student Name: _____ Grade 2023-24: _____

Street Address: _____

City: _____ Zip Code: _____

Student Cell Number: _____ Text Messages: YES or NO

Student Email Address: _____

Current Middle School: Durham ____ McClure ____ Awtrey ____ Other: ____

Projected High School: Allatoona ____ Other: ____

Parent/Guardian #1 Name: _____

Address (if different from above) _____

Home Phone Number: _____ Cell Number: _____

Email Address: _____ Text Messages: YES or NO

Parent/Guardian #2 Name: _____

Address (if different from above) _____

Home Phone Number: _____ Cell Number: _____

Email Address: _____ Text Messages: YES or NO



PERMISSION TO DISPLAY STUDENT PHOTOGRAPH/NAME

I hereby grant permission to Cobb County School District (District) and/or the AHS Cheerleading Booster Club (AHSCBC) to use or publicly display my child's photograph, video image, or audio clip on the District's and AHSCBC's Web site(s), individual school Web pages, or in other official District and AHSCBC publications without further notice. I acknowledge the District and AHSCBC's right to crop, edit, or treat the photograph, video, or audio clip at its discretion.

I also understand that once my student's photograph, video image, or audio clip is published on a Web site, it can be downloaded by any computer user, on or off campus. I understand a student's name may be published along with the student's picture.

Therefore, I agree to indemnify, defend and hold harmless the members of the Cobb County Board of Education, the District, the AHSCBC, its officers, employees, agents, successors and assignees (the "Indemnified Parties") from and against any and all claims and liabilities resulting from this publishing.

Subject/Nature of Event: any and all AHS Cheerleading Events

_____ Permission is granted for the use requested above.

NOTE: This form must be signed by student if the student is 18 years of age or older.

Name of Student

Signature of Student

Date of Student Signature

Name of Parent/Guardian

Signature of Parent/Guardian

Date of Parent/Guardian
Signature(s)

